

**Fifth Grade 30-minute Safe Presentation:**

**Topics: First-Aid for Burns and Understanding the Consequences of Tobacco use**

**Materials Needed:**

**First Aid Kit (Bandages and Dressings)**

**Notes: Explain the degrees of burns and different treatments for each. Explain the serious health issues with tobacco use and related fire dangers. Careless disposal of smoking materials is the leading cause of fatal fires in the U.S.**

**Sixth Grade 30-minute Safe Presentation:**

**Topics:** Understanding Carbon Monoxide and First-Aid for Choking.

**Materials Needed:** CO detector.

**Notes:** Review health effects of exposure to CO. Explain what choking is and demonstrate the Heimlich maneuver and have the students perform it.

## **Seventh Grade 30-minute Safe Presentation:**

**Topics: Holiday Safety and Transportation Safety:**

**Materials Needed: None**

**Notes: Explain the dangers associated with candles and the holidays (Christmas and Halloween in particular) and safe/ unsafe costumes and the need for flashlights while trick or treating. Explain the need for supervision by adults/ older children during trick or treating. Explain the hazards associated with real Christmas trees and the need to keep them watered. Review the need for helmets for bike riding and skateboarding. Explain the need for seatbelt use and car seats. Explain the proper behaviors associated with train and plane travel as well as railway crossing dangers.**

## **Eighth Grade 30-minute Safe Presentation:**

**Topics: Ice Safety or Heat Related Emergencies, Camping and Cooking Fire Safety and Weather Related Issues:**

**Materials Needed: None**

**Notes: Explain the dangers of thin ice and the need to get help immediately. Explain the dangers of prolonged heat exposures (heat exhaustion and heat stroke) and the need to cool down (ice packs and cool towels and proper placement) hydrate and seek shelter. Explain the concerns related to cooking and campfires (never leave unattended and to extinguish completely). Explain the need to take shelter during severe weather events (lightning, blizzards, tornados and hurricanes). Explain the need for emergency supplies to have on hand in the event of severe weather (drinking water, nonperishable food stuffs, batteries and communication devices radios/cell phones and such).**